

Simple Sport/DK Sock Notes

Using a US2/2.75mm circular needle and two strands fingering weight sock yarn held together, cast on 52 stitches with the German Twisted Cast On method.

Cuff

Divide the stitches so they are distributed evenly in half between each needle. Join in the round, being careful not to twist the stitches, and work 20 rounds K1, P1 ribbing.

Leg

Knit 30 rows.

Garter Heel Flap

For this next section, work only half (26) of the stitches on the needle flat (back and forth) to create a heel flap. The other half of the stitches will be set aside for now, and will make up the top of the foot.

Knit 26 stitches. Turn your work and knit the same 26 stitches until you reach the beginning. Continue until you have 30 rows and 15 garter ridges, ending on a wrong side.

Turn the Heel

(Right Side) Continuing on just the 26 heel flap stitches, knit until you are 9 stitches away from the end. SSK and then knit one. Turn your work so you're facing the wrong side, and with yarn in back, slip the first stitch from your left needle onto your right needle. Knit until 9 stitches away from the end and SSK, knit one, and then turn.

(Right Side), With yarn in back, slip the first stitch on your left needle to your right needle. Knit until you are 7 stitches away from the end, SSK to close the gap and then knit one. Turn your work so you're facing the wrong side, and with yarn in back, slip the first stitch from your left needle onto your right needle. Knit until 7 stitches away from the end and SSK to close the gap, knit one and turn.

(Right Side), With yarn in back, slip the first stitch on your left needle to your right needle. Knit until you are 5 stitches away from the end, SSK to close the gap and then

knit one. Turn your work so you're facing the wrong side, and with yarn in back, slip the first stitch from your left needle onto your right needle. Knit until 5 stitches away from the end and SSK to close the gap, knit one and turn.

(Right Side), With yarn in back, slip the first stitch on your left needle to your right needle. Knit until you are 3 stitches away from the end, SSK to close the gap and then knit one. Turn your work so you're facing the wrong side, and with yarn in back, slip the first stitch from your left needle onto your right needle. Knit until 3 stitches away from the end and SSK to close the gap, knit one and turn.

At this point, all the heel flap stitches have been worked, and you have now turned the heel.

Pick Up Stitches

With right side facing, knit the heel flap stitches. When you get to the end, begin picking up stitches along the side of the heel. Pick up 16 stitches total.

Knit the 26 stitches that belong to the top of the foot.

Pick up 16 stitches along the other side of the heel flap, and place marker if needed to indicate beginning of round.

Gusset Decreases

Arrange the stitches on your needle so that the picked up stitches and the heel flap stitches are on one needle together (needle 1), and the 26 top of foot stitches are on the other (needle 2).

Continue knitting on needle 1 until 3 stitches remain. K2tog, K1. Knit the top of foot stitches/needle 2. On needle 1 again, K1, SSK and then knit until you reach the beginning of the round.

K1 round.

Continue in this way, decreasing the stitches for the gusset at the beginning and end of needle 1 every other row until the number equals the number of stitches on needle 2 (26).

Foot

Continue knitting in stockinette until you are 1 inch away from where you want your sock to end.

Toe Decreases

Make sure you have an even number of stitches on each needle.

Row one: Needle 1: k1, SSK, knit until 3 stitches remain, k2tog, knit last stitch. Needle 2: k1, SSK, knit until 3 stitches remain, k2tog, knit last stitch.

Row two: knit all stitches.

Repeat rows one and two, decreasing every other row, until you have 12 stitches remaining on each needle. Graft the toe closed with kitchener stitch and weave in ends.